



The Pornic harbour on the Atlantic Coast

FOR CLIENTS WHO LOVE THE GREAT OUTDOORS

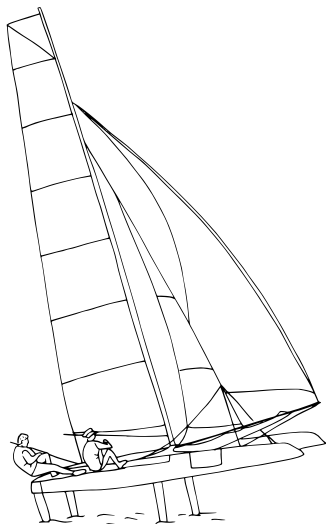
☀️ 4 DAYS 📍 165 KM

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# ATLANTIC COAST: SEA, CYCLING AND SPORT

## Highlights of the trip:

- Cycling along the Vélodyssée-EVI-A1, 200km route along the Atlantic
- Sand yachting on the beach in Saint-Brevin-les-Pins
- Bay cruise on a traditional wooden boat in Pornic
- Experience Trail and Nordic walk in Saint-Jean-de-Monts
- Stand-up paddling in Les Sables-d'Olonne



## Day 1

50 KM



Saint-Brevin-les-Pins is the final stop of the Loire by Bike route (900km long)

### Morning | Saint-Brevin-les-Pins

#### Arrival via Nantes airport or TGV train station.

Transfer to Saint-Brevin-les-Pins.

Saint-Brevin-les-Pins is the ideal destination for families and water sports enthusiasts with charming typical landscapes of the Atlantic coast (sand dunes and pine forest).

Take the time to watch the arrival of cargo ships on the Loire estuary, passing under the Saint-Nazaire bridge (the longest one in France). You will even see an impressive Sea Snake artwork, part of the Nantes – Saint-Nazaire Estuaire art trail.

**Lunch in a typical restaurant in Saint-Brevin-les-Pins**, facing the ocean.

### Afternoon | Saint-Brevin-les-Pins

#### Outdoor activity, by the sea, in Saint-Brevin-les-Pins

##### City bike tour.

The seaside resort also welcome cyclists on the Loire by bike and the Vélodyssée itinerary.

**Dinner at “Le Cap” restaurant in Saint-Brevin-les-Pins.**

#### Night at the 3\* Hotel Spa du Beryl facing the Ocean.

> *Alternative: dinner and night at the 4\* Alliance Pornic Thalasso Hotel in Pornic*

## Day 2

20 KM



Did you know: the Vélodyssée cycling route covers 1,200km along the Atlantic?



### Morning | Saint-Brevin-les-Pins & Pornic

#### Sand yachting activity on the Ocean beach in

Saint-Brevin-les-Pins. The 8km of sand beaches are a perfect playground for nautical activities such as sand yachting, paddling, kayaking, etc.

#### Lunch at Marius restaurant, facing the harbour of Pornic.

Located in the former casino, the restaurant offers local cuisine.

### Afternoon | Pornic

#### Bay cruise on the Corsaire de Retz old traditional wooden sailboat off Pornic.

**Discover the cultural heritage of Pornic**, and namely the still-inhabited-landmark castle and the prestigious seaside villas of the Gourmalon district.

#### Dinner and night at the 4\* Westotel.

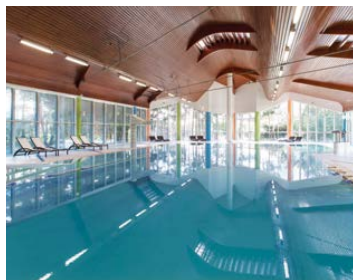
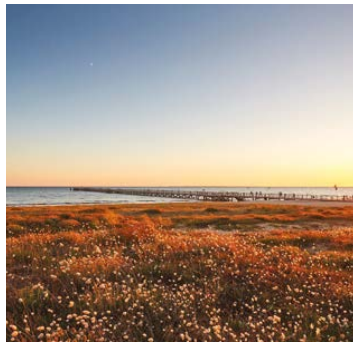
> *Alternative: 4\*Alliance Pornic Resort Thalasso & Spa*

## Day 3

45 KM



In Saint-Jean-de-Monts, the emblematic pier on the water is 400m long



### Morning | Saint-Jean-de-Monts

Located on the Northern Vendée coastline, south of the island of Noirmoutier, discover Saint-Jean-de-Monts. This seaside resort is a flagship destination on the Côte de Lumière.

**Trail and Nordic walk session by the beach in Saint-Jean-de-Monts.**

**Lunch at the Restaurant du Golf** in Saint-Jean-de-Monts, followed by an introduction to golf.

### Afternoon | Saint-Jean-de-Monts

**Enjoy a recovering moment and cryotherapy treatment at the Vladys thalassotherapy centre**

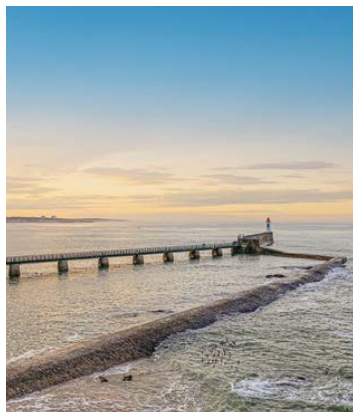
Saint-Jean-de-Monts is great for sports and outdoor leisure activities and it features 170 km of cycle tracks and 120 km of hiking trails! At low tide, those who like to fish on foot can enjoy shellfishing within the bounds of this highly regulated practice.

**Dinner at the “Bec à Vins” restaurant** in Saint-Jean-de-Monts.

**Night at the 3\* Atlantic Thalasso Hotel** in Saint-Jean-de-Monts.  
> *Alternative: Dinner & Night at 3\*Hotel Le Robinson in Saint-Jean-de-Monts*

## Day 4

50 KM



The Vendée Globe legendary sailing race is held every 4 years. Next edition 2024.

### Morning | Les Sables-d'Olonne

Les Sables-d'Olonne, a major sailing and yachting seaside resort, is known for hosting the legendary Vendée Globe, the solo non-stop sailing race around the world without assistance!

By bike, on foot, on horseback or on rollerblades, take advantage of the resort's coastal paths which will offer you an exceptional panorama of the sea.

**Test your balance during a morning stand-up paddle session** on the main beach of Les Sables-d'Olonne.

**Lunch at 4\* Hotel Côte Ouest Thalasso & spa,**

Les Sables-d'Olonne. Facing the ocean, the hotel will plunge you into the atmosphere of the 1930's ocean liners.

### Afternoon | Les Sables-d'Olonne

**Cycling tour of Les Sables-d'Olonne,** its natural landscapes, harbours and beaches.

**Enjoy spa treatments at Côte Ouest Thalasso & spa, M Gallery Hotel, Accor Group.**

**Dinner at the Joa Casino des Pins restaurant** in Les Sables-d'Olonne.

**Night at 4\* Côte Ouest Hotel M Gallery hotel** in Les Sables-d'Olonne, facing the Atlantic Ocean.

> *Alternative: Dinner & Night at 4\* Atlantic hotel, Les Sables-d'Olonne*

Depart from Les Sables-d'Olonne TGV station.

## CONTACTS OF SUPPLIERS

**Le Cap Restaurant & 3\* Hotel Spa du Beryl,**  
Saint-Brevin-les-Pins  
s.delrous@joa.fr

**Sand Yachting activity**

**Nautical Center, Saint-Brevin-les-Pins**  
cguyot@saint-brevin.fr

**Marius Restaurant, Pornic**  
contact@marius-pornic.fr

**4\* Westotel, Pornic**  
helene.lerosier@westotel.com

**Restaurant du Golf, Saint-Jean-de-Monts**  
direction@golfsaintjeandemonts.fr

**3\* Hotel Atlantic Thalasso, Saint-Jean-de-Monts**  
sandrine.nivez@thalasso.com

**Bec à Vins Restaurant, Saint-Jean-de-Monts**  
cayapas@live.fr

**Surfzone – Stand-up paddle, Les Sables-d'Olonne**  
contact@surfzone.fr

**4\* Côte Ouest Hotel Thalasso & spa, M Gallery, Les Sables-d'Olonne**  
martineau.cloe@hotel-coteouest.com

**Joa Casino des Pins Restaurant, Les Sables-d'Olonne**  
a.claigneaux@joa.fr

# INTERESTED IN OUTDOOR ACTIVITIES AND FAMILY OFFERS ON THE COAST?

PLEASE FIND BELOW ADDITIONAL SUGGESTIONS IN ATLANTIC LOIRE VALLEY

• **Embark for the Vendée Globe**, the solo non-stop sailing race around the world without assistance.

Various packages are available to attend the start of the Vendée Globe **1** in **Les Sables-d'Olonne**, held every 4 years (next edition 2024): book your seat on board a boat and be part of the race experience at sea.

• In **2** **Longeville-sur-Mer, south of Vendée**, at the **Manu Surf School & Camp**, try surf and paddle lessons (SUP) with qualified instructors on the mythical spot of Bud Bud. Half- or full-board stays can be organised for groups (accommodation in guest houses, apartments or tepees...).

• Looking for accommodation close to the ocean? **Olela Campsites** have 5 campsites and 1 holiday village by the beach.

• With the **You continent ferry shuttle**, hop over in just 30 minutes and discover **3** **the Yeu Island**. To fully explore the island, you can choose packages including round-trip by boat + lunch + bike rental or a guided tour.

• In Piriac-sur-Mer, close to **La Baule**, "**Nautisme en Pays Blanc**" (NPB) is a multi-activity nautical centre that provides lots of equipment (sailing, catamarans, dinghies, schooner, sea kayaking, stand-up paddling, pirogues, etc.) and can easily welcome groups.

• In Pornic, Florent from **4** **Kayak Nomade** offers kayak trips, adapted to any rhythm and tastes, in English. You could be tempted by a sunset kayak trip in Pornic Bay, or by Noirmoutier Island.

• In **South Vendée**, do not miss the **Atlantic Wakepark**, home to the largest water ski lift on the Atlantic Coast (750 m linear). The site offers high level equipment: wakeboards, kneeboards, wakeskates and water skiing, for all levels.

• In summertime don't miss the day or evening cruises **departing from Saint-Nazaire**. They offer breathtaking views of the city. You will also be offered a rare opportunity to contemplate the beaches, creeks, cliffs and even the shipyards all from the sea!

• For family stays on the Vendée coast, choose **Vacancéole and their 2 hotel resorts (2 & 3\*)** in **La Tranche-sur-Mer & Les Sables-d'Olonne**.

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For more details: [b2b@solutions-eco.fr](mailto:b2b@solutions-eco.fr)

