



Le Mont-Saint-Michel

**FOR YOUR CLIENTS DISCOVERING WESTERN FRANCE FOR THE FIRST TIME**  
☀️ 4 DAYS 📍 450 KM

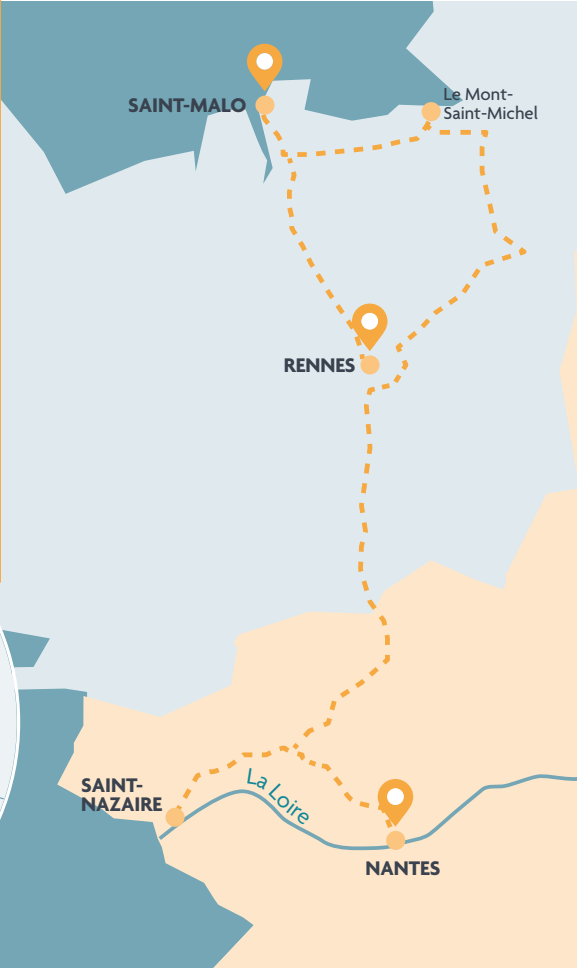
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# A MODERN JOURNEY THROUGH AN OLD LAND

Today, Nantes, Saint-Nazaire, Rennes, and Saint-Malo welcome international visitors to the West of France by inviting them to explore this region through an itinerary to Mont-Saint-Michel by way of little-known treasures, secret beaches, and artworks nestled in lush landscapes, and excellent places to eat and rest...

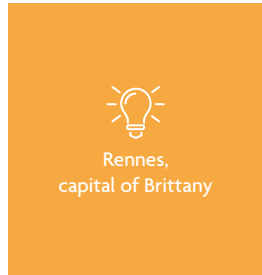
## Highlights of the trip:

- The creative city of Nantes, les Machines de l'île & the Château des ducs de Bretagne
- Saint-Nazaire, the history of transatlantic ocean liners and the Estuary of the Loire River
- Rennes, the capital of Brittany, the largest number of timber-framed houses in Brittany
- Saint-Malo, the “city of corsairs”
- The Mont-Saint-Michel, a UNESCO World Heritage site.



## Day 1

5 KM



### Morning | Rennes

#### Arrival at Rennes airport or train station.

Rennes boasts a rich cultural heritage with plenty of timber houses and a very lively city centre, ideal for shopping addicts! The Parliament of Brittany and the Thabor garden are a must-see, together with the lovely Criée covered market where visitors can taste local specialities!

#### Lunch in a Crêperie of Rennes

No trip to Rennes is complete without a yummy stop-off in a crêperie. Crêpes and galettes on the menu!

### Afternoon | Rennes

#### Explore Rennes, the capital of Brittany

This memorable tour of the city involves sampling local specialities while exploring Rennes' imposing architectural heritage. It takes you to places that offer a feast for the eyes as well as the taste buds! See the city's architectural masterpieces in a new light as you discover the culinary skills of a series of restaurant owners, confectioners, chocolate makers and wine merchants who will open their doors to you during this deliciously entertaining tour.

#### Dinner in a traditional restaurant in Rennes.

#### Night at a 4\* hotel in Rennes city centre.

## Day 2

180 KM



### Morning | Saint-Malo

#### Visit Saint-Malo, the Corsair City and not only...

Saint-Malo is probably one of the most impressive port cities of Brittany: all surrounded by ramparts, the corsair city boasts a magnificent citadel and outstanding views over the ocean. Cradle of privateers and great men, of sailors and explorers, the unofficial motto of Saint-Malo "Neither French, nor Breton, I am Malouin" remains!

**Lunch in Saint-Malo.** In Brittany, butter is a tradition! Lunch time in the restaurant "Autour du beurre" to celebrate the traditional Breton cookery and its famous Beurre Bordier

### Afternoon | Le Mont-Saint-Michel & Saint-Malo

#### Mont-Saint-Michel.

You will enjoy the natural show and view over the Mont-Saint-Michel, all surrounded by the sea, from the Information-Point "barrage". It happens only a few times per year when the tide's coefficient is high (more than 100). Today is the perfect occasion for discovering the Mont-Saint-Michel by night!

**Dinner at "La Mère Poulard" restaurant in Mont-Saint-Michel** Dinner including the worldwide-famous omelet, in the prestigious restaurant of La Mère Poulard, a local institution!

#### Night in a 4\* hotel in Saint-Malo

## Day 3

📍 260 KM



Close to Saint-Nazaire:  
the Salt Marshes  
of Guérande



### Morning | Saint-Nazaire

#### Discover Saint-Nazaire & Escal'Atlantic

Saint-Nazaire, a stunning city with unexpected gems: a beautiful seaside front, street art, testimonies of 20<sup>th</sup> century history including a gigantic naval base, the cradle of legendary ocean liners that crossed the Atlantic, a submarine and, a stone-throw away from the city centre, an exceptional nature reserve La Brière!

**Lunch in a typical seaside restaurant “Le Bar iodé”** with fish and seafood dishes.

### Afternoon | Nantes

#### Discover Les Machines de l'île, the city's top attraction and the creative quarter

- Machines de l'île de Nantes (Carrousel of the Marine Worlds) : This unprecedented artistic project sits at the crossroads of Jules Verne's “invented worlds”, of Leonardo da Vinci's mechanical universe, and Nantes' industrial history
- Creative quarter of the Ile de Nantes: new forms of architecture and art works flourish in this new neighborhood!

**Dinner at la Cigale**, an Art Nouveau elegant brasserie in Nantes, opened in 1895 and listed as a historical monument.

#### Night at the 4\* Radisson Blu Hotel

> *Alternative: 4\* Oceania “Hôtel de France”, in Nantes*

## Day 4

📍 4 KM



The Duchess Anne  
de Bretagne, twice queen  
of France, was born  
in Nantes in 1477



### Morning | Nantes

#### Discover the Nantes Fine Arts Museum

The magnificent Musée d'Arts de Nantes showcases a splendid collection, from Tintoretto and Rubens to Monet, Rodin, Kandinsky and Chagall. Visitors can appreciate the museum's 10,000-strong collection all year round. Not to be missed: the extension dedicated to contemporary art.

#### Lunch in the theatre district in Nantes.

Elegant and cultural, the Graslin district is a gem of 18<sup>th</sup> and 19<sup>th</sup> century urban planning. Graslin is reputed for its chic shops, its gourmet restaurants and its Passage Pommeraye, the only three-storey covered arcade in Europe.

### Afternoon | Nantes

#### Follow the Green line in Nantes.

A green line literally painted on the ground enables visitors to discover all the main city landmarks, from the Château des ducs de Bretagne to the latest artworks of Le Voyage à Nantes. Get ready!

#### Dinner in Nantes city centre

Dine in a restaurant recommended by the selection Les Tables de Nantes. Fresh, creative, and healthy: Nantes' cuisine will delight you!

#### Night at the 4\* Mercure Centre Passage Pommeraye Hotel in Nantes

> *Alternative: 4\* Maisons du Monde Hôtel & Suites*

## CONTACTS OF SUPPLIERS

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**4\* Mercure Centre Passage Pommeraye**  
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# A MODERN JOURNEY THROUGH AN OLD LAND:

PLEASE FIND BELOW ADDITIONAL SUGGESTIONS IN ATLANTIC LOIRE VALLEY

### • Atlantide 1874 Maison Guého

The Atlantide 1874 is a unique gourmet restaurant located in a mansion overlooking the Loire. Taste the creative cuisine of Michelin-starred chef Jean-Yves Guého.

### • Nantes Muscadet Vineyards

Covering 9,500 ha, the vineyard of Nantes is the cradle of the famous Muscadet wine. The wine properties are mostly medium-sized family-run businesses. Meet the winegrowers and learn about Muscadet, the perfect wine to go with fish and seafood!

### • 1 Brière marshland

After an experience at Michelin-starred chef Eric Guérin's restaurant La Mare aux Oiseaux, located right in the heart of a nature reserve, you can enjoy the infinite landscapes of the Brière marshland.

### • 2 Trentemoult, a former fishing village

Opposite the port of Nantes, lies the former fishing village of Trentemoult, which has today become a charming riverside resort. The locals have created a colourful village with its winding narrow alleyways and small restaurants.

For more details: [b2b@solutions-eco.fr](mailto:b2b@solutions-eco.fr)

