

Highlights of the trip:

- Angers city bike tour
- Cycling along the Loire to Béhuard Island
- Lockhouse on the Vélo Francette route, linking Normandy to the Atlantic Coast
- Cooking class in Origné
- The Chateau du Lude and its remarkable garden
- Cycling throughout the Jasnières Vineyard
- The creative city of Nantes and Les Machines de l'île





Day 1











Morning | Angers

Arrive at Angers TGV train station.

Take your time in Angers. In the heart of the Loire Valley, Angers (the capital of Anjou) is renowned for its rich heritage and quality of life.

Lunch in Angers in a typical restaurant.

Afternoon | Angers

Guided visit of Angers by bike. This vibrant city is mostly renowned for:

- Its Chateau: the biggest medieval fortress in the Loire Valley is home to an extraordinary 14th century masterpiece, the Apocalypse Tapestry.
- Its medieval architecture, museum sand cobbled streets
- Its Cointreau liqueur and its quality of life

Dinner at "Les 3 lieux Restaurant", local cuisine in les Ponts-de-Cé, by the Loire river

Night at the 3* "Les 3 lieux" hotel in les Ponts-de-Cé, by the Loire river

Day 2











Morning The Loire by Bike and La Vélo Francette

Cycle the Loire by Bike, admiring different villages:

- Bouchemaine, a village located at the confluence of the Maine and Loire rivers.
- Savennières, a charming village "Petite Cité de Caractère" thanks to its renowned vineyard.
- Behuard, the only inhabited island on the Loire River.

Lunch at the <u>"Table du Meunier" restaurant</u> in Chenillé-Changé, local cuisine.

Afternoon The Loire by Bike and La Vélo Francette

Cycle on the Vélo Francette route to Origné

Follow the Mayenne River and discover part of this route that links Normandy to the Atlantic Ocean.

Cooking class at the <u>Belyel restaurant</u> in **Origné** with a young chef who will share his passion for French food.

Festive and music dinner in Origné, Be prepared for a "guinguette" festive state of mind where you will learn traditional French songs.

> Alternative: Dinner at l'Aquarelle restaurant in Château-Gontier

Night at the <u>3* Parc Hotel in Château-Gontier</u>, a charming place nestling in a large shaded park.

> Alternative: Hotel du Cerf in Château-Gontier

Day 3











Morning The Loir Valley by Bike

Visit the Chateau du Lude and its "remarkable garden", one of the last remaining important historic Chateaux in France, which has still been lived in by the same family for 260 years.

Lunch at Les Mères Cocottes restaurant in Beaumont-sur-Deme, typical and local cuisine.

Afternoon The Loir Valley by Bike

Cycle through the Loir Valley and the Jasnières vineyards. The Loir Valley cycle route V47 stretches 320 km to Angers, where it joins The Loire by Bike cycle route.

Wine-tasting of Jasnières wine & visit of a cave-dwelling at the Domaine Lelais.

Dinner at the Relais de Ronsard restaurant in the Hotel de France in La Chartre-sur-le-Loir

Night at the <u>3* Hôtel de France</u> in La Chartre-sur-Le-Loir.

Day 4













Morning | The Loire by Bike & Nantes

Transfer to Nantes

Wine tasting and lunch in Oudon, along the Loire River, in the Muscadet wine region, on the Loire by Bike route

Afternoon | Nantes

Follow the Green line in Nantes.

A green line literally painted on the ground enables visitors to discover all the main city landmarks, from the Chateau des ducs de Bretagne to the latest artworks of Le Voyage à Nantes. Get ready!

Dinner in Nantes city centre

Dine in a restaurant recommended by the selection <u>Les Tables de Nantes</u>. Fresh, creative, and healthy: Nantes' cuisine will delight you!

Night at the 4* Mercure Grand Hotel in Nantes

> Alternative: 4* Mercure Centre Passage Pommeraye Hotel in Nantes

CONTACTS OF SUPPLIERS HIGHLIGHTED IN THE ITINERARY

3* Les 3 Lieux hotel & restaurant, Les Ponts-de-Cé accueil@les3lieux.com

La Table du Meunier Restaurant, Chenillé-Changé direction@domainemoulin.com

Canotika – **Bicycle rental**, **Château-Gontier** info@canotika.fr

Belyel Restaurant, Origné
Craineau thomas@gmail.com

3* Parc Hotel, Château-Gontier

Chateau du Lude

contact@lelude.com

Domaine Lelais – wine estate, Jasnières vineyard vins@domainelelais.com

3* Hotel de France and restaurant, La Chartre-sur-le-Loir welcome@thehoteldefrance.com

Les Tables de Nantes

www.lestablesdenantes.fr/en

4*Océania Hotel de France, Nantes

elehors@oceaniahotels.com



INTERESTED IN CYCLING TOURISM?

PLEASE FIND BELOW ADDITIONAL SUGGESTIONS IN ATLANTIC LOIRE VALLEY

- Do not miss the **EV1-La Velodyssey itinerary:** more than 1,200 km by bike along the Atlantic Coast! This cycle route crosses Brittany and follows the Atlantic Ocean down to the Basque Country on a wild and invigorating route. It is connected to the Loire by Bike Route at Saint-Brevin-les-Pins. It is safe and well signposted, making it an ideal route to cycle with children.
- The artistic route along the Loire from Nantes to the Ocean. On a 4-day family itinerary, take the kids to discover Nantes, with its vibrant culture and fascinating neighbourhoods, then show them the River Loire and its unique bird sanctuary dotted with original and amusing artworks. And finally reward them with the Atlantic Ocean and its array of large and small sandy beaches!
- Explore the 2 Vendée islands of Yeu and Noirmoutier by bike. A 7-day itinerary (each stage from 20 to 75 km) that will allow you to discover this part of the Atlantic, from the large seaside resorts to the picturesque oyster ports. With DMC Parenthèse Océan Voyages.

- **Kayak & Bike:** between Angers & Nantes, enjoy a 2 to 5-day stay combining kayak and bike. On the river or on its banks, you will be able to admire the beauty of the Loire. With LA Kayak.
- **Group à vélo:** A network of places providing group accommodation between Angers and the Atlantic coast. 10 such hostels, all bearing the Accueil Vélo label, can host groups of between 10 and 80 people at affordable prices.
- Specialised incoming agencies DMCs
 Rando Vélo:
 www.biking-france.com
 La Bicyclette verte:
 www.bicyclette-verte.com
 Grand Angle:
 www.grandangle.fr
 Vélo Voyageurs:
 www.levelovoyageur.com
 - Luggage transfer for cyclists

<u>Bagafrance:</u> transport of luggage, bikes & persons - The Loire by Bike, La Vélo Francette

www.bagafrance.com

<u>Détours de Loire</u>: bike hire and transport of luggage – The Loire by Bike <u>www.locationdevelos.com</u> <u>France Vélo Bike</u>: bike hire and transport

of luggage – The Loire by Bike, The Velodyssey, La Vélo Francette

www.francevelo.bike

<u>La Boite à Vélos:</u> bike hire and transport of luggage – The Loir Valley by Bike *itineranceavelo.com*

The Accueil Vélo Label

500 places bear the Accueil Vélo label in Atlantic Loire Valley. Located within 5 km of a cycle route, they provide visiting cyclists with facilities such as secure bike shelters and repair kits, etc. and they offer practical advice and services along with a warm welcome. Services include cycling circuits, weather info, luggage transfer, laundry services (washing and drying), bike and accessory hire, bike wash, etc.

For more details: b2b@solutions-eco.fr

