



The Pornic harbor on the Atlantic Coast

FOR CLIENTS WHO LOVE THE GREAT OUTDOORS

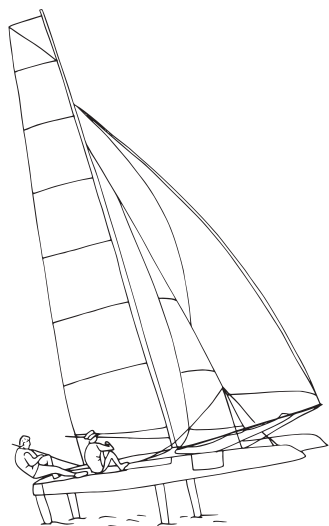
☀️ 4 DAYS 📍 270 KM

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## ATLANTIC COAST: SEA, CYCLING AND SPORT

### Highlights of the trip:

- Cycling along the Velodysses-EV1-A1, 200km route along the Atlantic
- Sand yachting on the beach in Saint-Brevin-les-Pins
- Bay cruise on a traditional wooden boat in Pornic
- Experience Trail and Nordic walk in Saint-Jean-de-Monts
- Stand-up paddling in Les Sables d'Olonne
- The creative city of Nantes and Les Machines de l'île



## Day 1

50 KM



Saint-Brevin-les-Pins is the final stop of the Loire by Bike route (900km long)

### Morning | Saint-Brevin-les-Pins

**Arrival via Nantes airport or TGV train station.**  
Transfer to Saint-Brevin-les-Pins.

**Lunch in a typical restaurant in Saint-Brevin-les-Pins**, facing the ocean.

### Afternoon | Saint-Brevin-les-Pins

**Outdoor activity, by the sea, in Saint-Brevin-les-Pins**  
City bike tour.

**Dinner at “Le Cap” restaurant in Saint-Brevin-les-Pins.**

**Night at the 3\* Hotel Spa du Beryl facing the Ocean.**

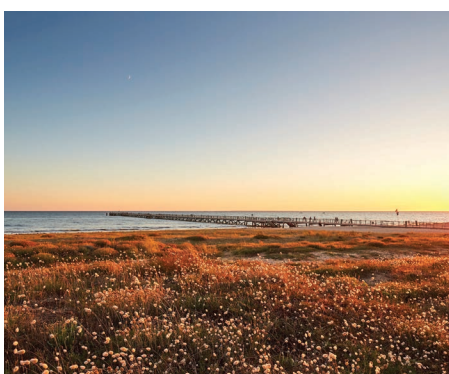
> *Alternative: dinner and night at the 4\* Alliance Pornic Thalasso Hotel in Saint-Brevin-les-Pins*

## Day 2

70 KM



Did you know:  
the Velodyssey cycling route covers 1,200km along the Atlantic?



### Morning | Saint-Brevin-les-Pins & Pornic

**Sand yachting activity** on the Ocean beach in Saint-Brevin-les-Pins.

**Lunch at Marius restaurant, facing the harbor of Pornic.**  
Located in the former casino, the restaurant offers local cuisine.

### Afternoon | Pornic & Saint-Jean-de-Monts

**Bay cruise on the Corsaire de Retz old traditional wooden sailboat off Pornic.**

**Dinner at the “Bec à Vins” restaurant in Saint-Jean-de-Monts.**

**Night at the 3\* Atlantic Thalasso Hotel in Saint-Jean-de-Monts.**

> *Dinner & Night at 3\* Le Robinson hotel in Saint-Jean-de-Monts*



## Day 3

45 KM



L'île Penotte in Les Sables d'Olonne is a district famous for its seashell mosaics



### Morning | Saint-Jean-de-Monts

#### Trail and Nordic walk session by the beach in Saint-Jean-de-Monts.

Enjoy a recovering moment and cryotherapy treatment at the Vladys thalassotherapy center

Lunch at the **Restaurant du Golf** in Saint-Jean-de-Monts, followed by a golf introduction

### Afternoon | Les Sables d'Olonne

**Cycling tour of Les Sables d'Olonne**, its surrounding natural landscapes, harbors and beaches

Dinner at the **Joa Casino des Pins restaurant** in Les Sables d'Olonne.

Night at **4\* Côte Ouest M Gallery hotel** in Les Sables d'Olonne, facing the Atlantic Ocean.

> *Alternative: Dinner & Night at 4\* Atlantic Hotel, Les Sables d'Olonne*

## Day 4

115 KM



Discover Trentemoult, a former fishing village with colorful houses on the banks of the Loire River



### Morning | Les Sables d'Olonne & Nantes

Test your balance during a morning **stand-up paddle** session on the main beach of Les Sables d'Olonne

#### Lunch in the theatre district in Nantes.

Elegant and cultural, the Graslin district is a gem of 18<sup>th</sup> and 19<sup>th</sup> century urban planning. Graslin is reputed for its chic shops, its gourmet restaurants and its Passage Pommeraye, the only three-storey covered arcade in Europe.

### Afternoon | Nantes

#### Follow the Green line in Nantes.

A green line literally painted on the ground enables visitors to discover all the main city landmarks, from the Chateau des ducs de Bretagne to the latest artworks of Le Voyage à Nantes. Get ready!

#### Dinner in Nantes city centre

Dine in a restaurant recommended by the selection **Les Tables de Nantes**. Fresh, creative, and healthy: Nantes' cuisine will delight you!

Night at the **4\* Radisson Blu Hotel** in Nantes Graslin district

> *Alternative: 4\* Okko Hotel in Nantes, next to the Chateau*

## CONTACTS OF SUPPLIERS

### HIGHLIGHTED IN THE ITINERARY

**Le Cap Restaurant &  
3\* Hotel Spa du Beryl, Saint-Brevin-les-Pins**  
sophie.delrous@hotelduberyl.com  
**Sand Yachting activity**  
**Nautical Center, Saint-Brevin-les-Pins**  
cguyot@saint-brevin.fr  
**Bec à Vins Restaurant, Saint-Jean-de-Monts**  
cayapas@live.fr  
**3\* Hotel Atlantic Thalasso, Saint-Jean-de-Monts**  
sandrine.nivez@thalasso.com

**Restaurant du Golf, Saint-Jean-de-Monts**  
direction@golfsaintjeandemonts.fr  
**Veloodelaforet – Bicycle rental, Les Sables d'Olonne**  
contact@veloodelaforet.fr  
**Joa Casino des Pins Restaurant, Les Sables d'Olonne**  
a.claigeaux@joa.fr  
**4\* Côte Ouest Hotel Thalasso & spa, M Gallery, Les Sables d'Olonne**  
Martineau.Cloe@hotel-coteouest.com  
**Surfzone – Stand-up paddle, Les Sables d'Olonne**  
contact@surfzone.fr  
**Les Tables de Nantes**  
www.lestablesdenantes.fr/en  
**4\* Radisson Blu Hotel, Nantes**  
benjamin.gilbert@radissonblu.com

# INTERESTED IN OUTDOOR ACTIVITIES AND FAMILY OFFERS ON THE COAST?

PLEASE FIND BELOW ADDITIONAL SUGGESTIONS IN ATLANTIC LOIRE VALLEY

- **Embark for the Vendée Globe**, the single-handed non-stop sailing race around the world without assistance. Various packages are available to attend the start of the Vendée Globe in **Les Sables d'Olonne**, held every 4 years (2020, 2024...): reserve your place on board a boat and be part of the race experience at sea.

- In **Longeville-sur-Mer, south of Vendée**, at the **Manu Surf School & Camp**, try surf and paddle lessons (SUP) with qualified instructors on the mythical spot of Bud Bud. Half- or full- board stays can be organised for groups (accommodation in guest houses, apartments or tepees...)

- Looking for accommodation close to the ocean? **Olela Campsites** have 5 campsites and 1 holiday village by the beach.

- With the **Yeu continent ferry shuttle**, hop over in just 30 minutes and discover **the Yeu Island**. To fully explore the island, you can choose packages including round-trip by boat + lunch + bike rental or a guided tour.

- In Piriac-sur-Mer, close to **La Baule**, **"Nautisme en Pays Blanc"** (NPB) is a multi-activity nautical centre that provides lots of equipment (sailing, catamarans, dinghies, schooner, sea kayaking, stand-up paddling, pirogues, etc.) and can easily welcome groups.

- In Pornic, Florent from **Kayak Nomade** offers kayak trips, adapted to any rhythm and tastes, in English. You could be tempted by a sunset kayak trip in Pornic Bay, or by Noirmoutier Island.

- In **South Vendée**, do not miss the **Atlantic Wakepark**, home to the largest water ski lift on the Atlantic Coast (750 m linear). The site offers high level equipment: wakeboards, kneeboards, wakeskates and water skiing, for all levels.

- In summertime don't miss the day or evening cruises **departing from Saint-Nazaire**. They offer breathtaking views of the city. You will also be offered a rare opportunity to contemplate the beaches, creeks, cliffs and even the shipyards all from the sea!

- For family stays on the Vendée coast, choose **Vacancéole and their 2 hotel resorts (2 & 3\*)** in **La Tranche-sur-mer & Les Sables d'Olonne**.

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For more details: [b2b@solutions-eco.fr](mailto:b2b@solutions-eco.fr)

